

College Newsletter

Term 1 Week 11 Friday 19 April 2013



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Today's boys...tomorrow's gentlemen



Front page: CBC Old Boys, James Potter-Brown Adamo Valentino (both 2009), swordfighting medieval style as part of Society and Environment week at the College



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From the Principal

The Feast Day of Blessed Edmund Rice

As you read this newsletter, the College is celebrating the feast day of Blessed Edmund Rice. Although not officially until 5 May, CBC Fremantle is commemorating this occasion by celebrating Mass at the Basilica and engaging in a variety of activities and competitions at school throughout the afternoon.

I know that the staff and students will have tremendous fun celebrating our founder's feast day and that a significant amount of money will be raised for donation towards the various charitable works undertaken in the name of Edmund Rice throughout the world.

It is always fitting to remember that the work we are engaged in at CBC Fremantle is part of a much broader mission to continue the work of our founder and specifically to provide opportunities for the holistic development of all of the young people in our schools. We share that task with our sibling schools in this state (Aquinas College, CAC Bindoon and Trinity College), with the dozens of other schools in this country under the guidance of Edmund Rice Education Australia and with schools around the world which share our Christian Brothers' heritage.

Blessed Edmund Rice was a remarkable man who worked tirelessly throughout his life for the good of others, particularly



those cast to the margins of society as a result of poverty and a lack of access to education. We gratefully acknowledge his sacrifice and that of all of the Brothers who have followed him. We recognise their contribution to the blessings we enjoy at CBC today.

The prayer below will be well known to many in our community and certainly has not lost any relevance for our contemporary lives despite the passing of the years.

Prayer of Thanks for Blessed Edmund Rice

O God, we thank you for the life of Edmund Rice.
He opened his heart to Christ present in

those oppressed by poverty and injustice. May we follow his example of faith and generosity.

Grant us the courage and compassion of Edmund as we seek to live lives of love and service.

We ask this through Christ our Lord.
Amen.

Senior Ball

A wonderful night of sartorial elegance and celebration was enjoyed by the young men in our senior class last Friday. The gentlemen in attendance looked resplendent, were attentive to their partners and danced enthusiastically throughout the evening. Congratulations to each of our Year 12 students for ensuring that the event reflected their

growing maturity and was representative of the culture of our College.

Holiday Wishes

As all students and staff prepare to take a break after a very long term, I hope that families are able to enjoy some extended time together. Those who are travelling during these holidays are wished safe travel and exciting adventures. School re-commences for all students on Tuesday 7 May.

Mr Shaun Kenny
Principal

Above: Photo by Bliss Studios. For more photos of the Senior Ball visit the Newsroom at www.cbcremantle.wa.edu.au

Our Catholic Identity

Time

Ordinary, Advent, Christmas, Lent and Easter: these five words are ingrained in our sense of Time.

ORDINARY Time, ADVENT Time, CHRISTMAS Time, the Time of LENT, the Time of EASTER.

As Catholics, we get our identity from TIME. We mark time, not only in days, weeks, months, and years, but also in the spiritual season of our lives.

Ordinary Time

This misleading title is anything but ordinary. As Catholics, Ordinary Time marks our daily journey, our routine, our normal action, all in honour of celebrating that God is indeed in the ordinary, the daily, the routine. Our invitation is to look and see the wonder, awe and majesty that God has given us in the ordinary.

Advent Time

It calls us to wait – to pregnantly wait – to anticipate. We remind ourselves that part of Catholic identity is formed in the long-standing Catholic tradition of the

Advent wreath we Catholics display on our dining tables. This wreath signifies for us the accumulation of light anticipating the birth of Jesus Christ, who is the Light of the world.

Christmas Time

It comes with a celebration from sundown on 24 December to 5 January, thus the 12 days of Christmas Time.

We celebrate these twelve days marked by the feasts of the Holy Name of Jesus as well as celebrating the Feast of Mary, the mother of God, our unique role model in the Catholic Church.

The Time of Lent

It calls us to a 40 day period beginning on Ash Wednesday to fasting, giving alms and prayer. On Ash Wednesday, our Catholic identity is proudly put on display by millions of Catholics who adorn their foreheads with ashes reminding us to repent and believe the Gospel.

Easter Time

Our Catholic identity is cemented in the proclamation that indeed the tomb is empty. Christ is Risen! Our 50 days of



celebration often include the sacraments of First Communion, Confirmation, and many Baptisms during this joyous season

Our identity, our sense of time, is truly focused on and celebrated in these special liturgical times developed and proclaimed by our Catholic Church.

Prayer

Lord,
Help us to recognise you in the passing of time.
Help us to treasure each moment as a gift from you.
Give us joy in the present and peace in our future.
Live Jesus in our hearts.
Forever
Amen

Mr Craig Dowsett
Director of Religious Education and Identity

College Information

Uniform Shop Opening Hours

Uniform Shop Holiday Opening Times:

Wednesday 24 April 12.30pm – 4.00pm

Wednesday 1 May 12.00pm – 4.00pm

Blazers with Colours and Honours embroidery can also be picked up these days.

No appointments necessary.

Shop Manager Falda Forzatti on 9430 2055 or 0409 904 950.

Canteen

Can you spare a few hours on one day? Please consider volunteering in the ‘world’s greatest canteen’. Please ring Jenny or Karen in the Canteen on 9430 2046 for more information.

Newsroom Online

You can keep up to date with our busy College’s activities by subscribing to the RSS feed at the [Newsroom](#) on the website. If you subscribe to the feed, when the Newsroom is updated you will automatically be notified with a link to the new content.

Calendar

Week 1 Term 2

Tuesday 7 May

Students commence
Winter Uniform

Wednesday 8 May

Yr 7 P/T/S 11.15am-6pm
Yr 8-10 P/T/S 2-6pm
Kiwirrkurra meeting
Early closing

Friday 10 May

Mothers’ Day Liturgy 8am followed by
Morning Tea



NAPLAN Schedule Year 7 and 9

The NAPLAN test will take place from Tuesday 14 May till Friday 17 May. Please find below the schedule for that week. These tests are just one piece of data that the College uses and as such we do ask that, where possible, parents try to avoid appointments at this time.

Friday will be used as a catch up day for any students who miss tests.

Thank you for your cooperation.

Year	Day and Period	Test
7	Tuesday 14 May - Period 3	Language and Conventions (45 mins)
	Tuesday 14 May - Period 4	Writing (40 mins)
	Wednesday 15 May – Period 1 & 2	Reading (65 mins)
	Thursday 16 May – Period 2	Numeracy – Calculator (40 mins)
	Thursday 16 May – Period 3	Numeracy – Non Calculator (40 mins)
9	Tuesday 14 May - Period 2	Language and Conventions (45 mins)
	Tuesday 14 May - Period 3	Writing (40 mins)
	Wednesday 15 May – Period 5 & 6	Reading (65 mins)
	Thursday 16 May – Period 4	Numeracy – Calculator (40 mins)
	Thursday 16 May – Period 5	Numeracy – Non Calculator (40 mins)



John Welbourne Cup

On Tuesday 9 April, the CBC Year 9 Rugby Team competed in the John Welbourne Cup.

The competition is a seven a side rugby tournament featuring 20 school teams from around the Perth metropolitan area.

The tournament was played at Harvey Field in Cottesloe and victory in the semi-finals results in a finals appearance as the curtain raiser to the Force Brumbies match at NIB stadium.

In our first game we played Mandurah Baptist College. Our boys were caught napping early, conceding a try in the first minute. This seemed to knock them into gear as they scored two tries before half time to go into the lead. The boys began the second as they ended the

first running in another two tries before conceding a late try. Best players were Michael French and Ben Stretton. It was a 22-12 victory and a good start to the competition.

The second opponents were Darling Range Sports College, a very successful rugby specialist school. Once again our opponents got the jump on us at the start of the match, this time running in two tries. We were able to regroup, scoring a try before half time and narrowly missing out on a second. Unfortunately, whilst on his way to scoring the long-range try, Ben Stretton strained his hamstring, ruling out the rest of the tournament.

In the second half CBC scored an early try before a period of dominance by Darling Range, who went on to score

two unanswered tries. CBC ended the match with a late try by Tom Burfoot. It was a 26-15 loss, but a really spirited effort from CBC. To lose three tries to two to a side that dominated their semi-final was a real credit to our boys. Nicholas Page, Jack Bowater and Tom Burfoot were our best in game two.

Our third game came after a two hour break. Kolbe College held the lead throughout the match, despite CBC fighting hard all the way to the end. The final score was 22 points to 10. Best players in the final game were Josh Caruso and Ben Swindells.

Our boys fought hard all day, played some entertaining and intelligent rugby and always played fair.

Mr Paul Woodhouse



Winter Sports

Term 2 begins with a number of different inter-school teams starting their trials and competitions.

Champion schools trials

- Years 7, 8/9 and senior soccer, Years 7, 8/9, 10 and 1st XVIII Football, Rugby and Hockey – boys need to remember to check the Sports noticeboard to see which of the coaches are involved and to listen to morning bulletin notices for scheduled meetings and trial days.
- Rugby will continue training and begin after school competition on Wednesdays for 9s and Tuesdays for 1st XV.
- Rowing – training for boys interested from Years 9 to 12, plus Saturdays with weekend regattas.
- Lightning Carnivals – all boys in the following year groups will participate.

Year 9 is on Monday 20 May and Year 7/8s on Wednesday 22 May.

- ACC Cross Country – State All Schools is on Friday 24 May and ACC Carnival is on Thursday 30 May.
- House sport – continues through Terms 2 and 3 for Years 7 to 10.
- House Athletics Carnival will be at the State Athletics Centre on Friday 28 June. Pre-carnival events will occur during House Sport leading up to this day.

Students are reminded

- Boys must wear predominantly white jogging/running shoes only for PE and Sport. The wearing of flat-soled shoes is not allowed (eg. Nike Air Max and 5.0) for safety reasons because the grass is wet in winter.

- Boys must wear sport shirt and shorts under tracksuits. Boys are not permitted to wear tracksuits during sport; they are to be kept dry for class and travelling home from school.
- Rain and wind will not stop Sport from continuing unless there is lightning. A towel is recommended for boys to help dry themselves after sport.
- Injured students must bring a note and stay for Sport where they will help with umpiring or scoring. Boys can wear their sport uniform if they bring a note.

Mr Brendan McGrath
Head of Sport

Cross Country

The Cross Country team have been training hard during Term 1 and the boys are beginning to look really fit as they endeavour to reclaim the ACC boys' aggregate title.

This year the boys have been training at a variety of venues running in excess of 6km a session with each session incorporating a high sprint component to increase the boys' anaerobic threshold. I have been impressed with the turn-out at training, especially from our young brigade of Years 7 and 8 who have brought some extra enthusiasm to training and who have been matching it with the big guns in Years 11 and 12.

There will be no official trainings over the holidays with many families going away. However, it is still important that the boys go for a couple of runs each week of at least 5km over the holidays. I ask that parents please encourage boys to do some of their own training as we would hate to see

all the hard work the boys have put in this term go to waste by losing their fitness over the relaxing holiday break.

Training recommences on Tuesday 7 May next term (first day back) and I expect all boys to attend. Trainings will continue to be held on Tuesday and Thursday mornings at 6:45am and I remind all boys and parents that all trainings are compulsory and all boys must attend unless they have a note with a valid reason why they could not. If your son cannot attend, a letter must be given to me before Mentor that morning or an email needs to be sent to adrianc@cbcfremantle.wa.edu.au.

Due to Term 2 being a very short term the State All Schools and ACC Carnivals are a week earlier this year, which only leaves us with two weeks of solid training before the boys compete.

Important Cross Country dates

Wk	Day	Date	Training	Time
1	Tues	7 May	Normal	6.50am
1	Thurs	9 May	Normal	6.50am
2	Tues	14 May	Normal	6.50am
2	Thurs	16 May	Normal	6.50am
3	Tues	21 May	Final	6.50am
			time trial	
3	Fri	24 May	WA State	
			All Schools	
			Details to come	
4	Tues	28 May	Normal	6.50am
4	Thurs	30 May	ACC CC	
			Details to come	

Mr Adrian Correia
Cross Country Coach

Community Notices

It is the policy of CBC Fremantle to distribute information when requested regarding community activities and details about educational programmes. This does not imply that CBC endorses these activities or the information. Please provide information in an unformatted Word document to enquiries@CBCFremantle.wa.edu.au. Submissions will be accepted at the discretion of CBC Fremantle.

Careers Expo

Explore all career options at the Perth Careers Expo on Thursday 16 to Sunday 19 May at the Perth Convention Exhibition Centre. Entry is free. Visit careers-expo.com.au for more information.

Fremantle Topspin Tennis

Term 1 holiday camps:

Week 1 Wednesday 24 April to Friday 26 April

9.00am – 11.00am 3 years - 6 years Super Stars Camp

9.00am - 12.00pm 6 years - 18 years Development/Elite Squad Camp

Week 2 Monday 29 April to Wednesday 1 May

9.00am – 11.00am 3 years – 6 years Super Stars Camp

9.00am - 12.00am 6 years – 18 years Development/Elite Squad Camp

Term 2 coaching commences Saturday 11 May to Friday 5 July. Private coaching is available with one of our qualified coaches.

For further information contact Jo Winfield on 0401 565 051 or email fremantletopspintennis@gmail.com.

Fremantle Heritage Festival

The Fremantle Heritage Festival (24 May to 3 June) is an annual celebration of one of the city's best assets – its historic character. If you're interested in being involved in the Heritage Festival you can create an event or submit a nomination for the awards programme. For more information and to register an event/performance or exhibition please visit the Fremantle Heritage Festival [website](#).

A day in the life of a uni student...

Have you ever wanted to know what it's like to be a student at UWA?

You may wish to register for one of UWA's popular 'A Day in the Life of...' events! These free events provide high school students with a valuable insight into a typical day at university, with a number of fun, interactive and informative workshops to participate in. Visit the [website](#) for more details, or speak to CBC Careers Counsellor, Mr Joel Moss.

East Fremantle Soccer Club

The East Fremantle Soccer Club Under 15s Division 1 side is looking for a goalkeeper for the 2013 season. Experience preferred but not essential – must be 15 or under on 31 December 2013. Interested players welcome to come for a training session or two before committing (Tuesdays and Thursdays 6.00-7.30).

Contact Andrew Crevald on acrevald@gmail.com or 0408 902087.

Edmund Rice Camps Quiz Night

Friday 24 May

Aquinas Hall, Mt Henry Road, Salter Point

Doors open 6.45, first question 7.15

Tables of eight -- all tables must be pre-paid. To reserve a table email ercwaevent@edmundrice.org.

The table with the best name wins a prize – so get your thinking caps on.

\$30 per person includes pizza and table snacks, plus one free drink.

Licensed venue.