



PALMA VIRTUTI

CBC

FREMANTLE

College Newsletter

Week 9 Term 2 Friday 5 July 2013



Today's boys...tomorrow's gentlemen



Front page: Champion and Runners up boys at the Inter-House Athletics Carnival. Visit the Newsroom for the results and more photos at www.cbcfremantle.wa.edu.au.



CBC Fremantle
51 Ellen Street
Fremantle WA 6160
T 08 9336 2700
E enquiries@cbcfremantle.wa.edu.au
www.cbcfremantle.wa.edu.au



From the Principal

A Musical Week

The College Music Programme has been very much to the fore this week with staff and student musicians being kept busy with a variety of performances. As has been frequently mentioned, it is critically important for a boys' school to have a strong presence in the Arts. This week has certainly provided ample opportunity for our young men to exhibit their talents in this area.

The week began when more than 200 members of our community spent the early evening of last Sunday at the South Fremantle Football Club enjoying the talents of our young musicians. Congratulations to Mr Shane Mancuso, Mrs Emma Tandy, Mr Kim Anning, Ms Melissa Skinner, Mr Alex Borthwick and the members of the Music Parents' Group on the presentation of a very successful

event. Of course, a special commendation is due to each of the musicians who shared their special gifts with the audience.

The College Jazz Orchestra then performed at our assembly on Wednesday morning where we made a number of presentations to students in the areas of Music, Drama, Geography and ICT. All of the students recognised on this occasion are most deserving of their public recognition and should be proud of their accomplishments.

Another function of the assembly was to farewell the group of musicians who will be travelling to Singapore this weekend for a combination of performances, musical education and sightseeing. This is a wonderful opportunity and a fitting reward for the long-term diligence of



these young men and we wish them a memorable tour. Our thanks again to Mr Mancuso and Mrs Tandy who will accompany the group and to the members of the Music Parents' Group whose hard work has made the tour possible.

Athletics Carnival

Our House Athletics Carnival was held in perfect conditions at the State Athletics Centre last Friday. The style of our Carnival promotes participation and a focus on each competitor striving to do their best. Among the many outstanding performances, it was pleasing to see so many boys engaged in healthy competition and enjoying the day. Congratulations to Morgan House on their victory and to each of the individual award winners who are named later in this newsletter.

Semester Break

At the conclusion of another very busy term which has included examinations and reports, I hope that all of the staff and students enjoy a well-deserved and revitalising break. I am aware that many families take the opportunity to travel during the school holidays and we wish each of them a safe and enjoyable time away from home.

Mr Shaun Kenny
Principal



Join the City to Surf CBC team

Join in Perth's community running event of the year and show your true colours.

City to Surf takes place on Sunday 25 August. You can choose from the 4km walk/run/wheel chair event, 13km walk/run, or the 21.1 and 42.2km marathons.

You can join our team by registering online at www.perthcitytosurf.com.

Team name: CBC Fremantle

Password: Edmund Rice

If you have any queries or would like to join one of our training teams, please contact Sally Northeast on northeast.sally@cathodnet.wa.edu.au.



The fine print: The CBC City to Surf team is a social event and not an official College activity.

College Information

Lost Property at Fremantle Train Station

Transperth at Fremantle have informed the College that there are a lot of CBC sports bags at the station's Lost Property. You can contact them on 9331 0416 with any enquiries.

Canteen

Can you spare a few hours on one day? Please consider volunteering in the 'world's greatest canteen'. Please ring Jenny or Karen in the Canteen on 9430 2046 for more information. The Canteen Roster is available to download on the [Parent Notices](#) section on the website.

Uniform Shop Opening Hours

Open every Wednesday from 8.30am – 4.00pm. No appointments are necessary.

News Online

You can keep up to date with our busy College's activities by subscribing to the RSS feed at the [Newsroom](#) on the website. If you subscribe to the feed, when the Newsroom is updated you will automatically be notified with a link to the new content. The College magazine, *Touchstone* is also available online and can be accessed from the Community link at the top of the home page.

Calendar

Week 1 Term 3

Tuesday 23 July

Term 3 classes commence

Wednesday 24 July

Early closing

Years 7-12 P/T/S interviews

2.00-6.30pm

7.30pm Music Parents Group meeting

Thursday 25 July

National Chemistry Competition



Helping Mums to raise boys

The Parent Council is again presenting the *Mums Raising Teenage Boys Relationships Australia* seminar, which was very successful last year. This year, we're adding a new seminar titled, *Mums Raising Boys in a Solo Parent or Fly in Fly Out Family*.

The cost of each event is \$10.00 with the College again supporting both evenings. Places are limited to 25 mums per workshop. To secure your place, payment must be made to the College Accounts Department prior to the seminar date. A receipt will be issued to confirm your attendance.

Sophie Benson
CBC Parent Council Member

Mums Raising Teenage Boys

Monday 5 August, 6.30pm – 9.00pm

However well-prepared mothers are logically, the emotional response to having a boy is often still, “Wow! This is unknown territory.” It is true that for many mothers, the idea of raising a son carries its own set of worries.

As the primary female role model in a boy's life, mothers play an important role in the development of their son's identity including their ability to be nurturing. This in turn affects how they relate to others, particularly to girls and women.

Mums Raising Boys in a Solo Parent or Fly In Fly Out Family

Tuesday 6 August, 6.00pm – 8.30pm.

When your partner is regularly away, or when you are a solo parent, different family life challenges can result. Often there are specific emotional and practical difficulties to manage such as feeling isolated or lonely, or not having a partner available to deal with discipline and other parenting issues. This seminar explores parenting teenage boys from a more 'solo' perspective and gives mums useful and supportive strategies to help them meet challenges more effectively.



Jazz at the Club

Last Sunday 30 June, the CBC Bands and Guitar Ensembles performed at the South Fremantle Football Club for a fundraiser for the CBC Music Parents Group.

The afternoon was a great success and I would like to thank Stella De Oliveira from Iona who sang with the Jazz Orchestra; Mrs Emma Tandy who performed with the Jazz Orchestra; Mr Kim Anning, Mrs Melissa Skinner and Mr Alex Borthwick who directed the bands and ensembles; all of the boys who performed, and their families for making the event so successful. Thank you to Mrs Pam Arnott, Mr Michael O'Connor, Mrs Angela Natale and Mr Anthony and Mrs Suzanne Sutton who helped to transport our equipment to and from the venue.

Special thanks must go to Ms Charlie Fowler and Mrs Marian Walter who coordinated the lucky numbers draw, Mr Shaun Kenny, Mr Domenic Burgio and staff who attended, our hard working Music Parents Group and all of the families and companies who donated prizes for our raffles.

- Fremantle Sailing Club
- Kwinana Motorplex
- Fremantle Golf Course
- Fremantle Prison
- Sealanes
- Sci-tech

Mr Shane Mancuso
Head of Arts





The Maths of Engineering

Any new thing that is made or developed, from your phone to an MRI machine in a hospital, or from a cruise ship, to the world's tallest building, has a team of engineers designing, developing, planning, checking, improving, working it out and making it happen. Engineers turn theories and ideas into a reality.

The Maths and Engineering group is a part of CBC Fremantle's Academic Excellence Programme (AEP). Here, any boys who are interested in maths and/or engineering are challenged and encouraged to pursue their interest. The students attending the group are often exposed to various forms of maths and are introduced to the marvellous world of engineering.

The students meet every week to work together and improve their mathematics and problem solving skills. They also visit workplaces where engineering and maths skills are highly valued. In this way the students have the opportunity to be exposed to a broad range of Maths and Engineering experiences.

Being part of this AEP group means that boys can share their common interest, and learn more about the many different kinds of engineering. The benefits of this group vary for every boy attending. Those from Year 10 can utilise applications of the maths they have learned in class. Boys from Year 8 learn about maths they are yet to learn, so in time they will find the topics familiar.

Teachers running the programme agree that they enjoy operating the group very much, and consider it a privilege. It would seem that the students attending also enjoy it as well, with over 20 students attending each week. One Year 8 said: "This was a lot of fun, but now my head hurts."

Written by Emmanuel Terzoudis-Lumsden
Edited by Keane Bourke and Ryan Pace
AEP Literature & Media Group

Community Notices

It is the policy of CBC Fremantle to distribute information when requested regarding community activities and details about educational programmes. This does not imply that CBC endorses these activities or the information. Please provide information in an unformatted Word document to enquiries@CBCFremantle.wa.edu.au. Submissions will be accepted at the discretion of CBC Fremantle.

Open Forum on Disability, the Church and the Wider Community

If you are a person with a disability or a parent/carer of someone with a disability, come down and network with others and discuss any issues which are important to you – managing education, employment, recreation, participation in the Church and preparation for the Sacraments etc.

Where: Emmanuel Centre, 25 Windsor St, Perth

Date/Time: Tues 30 July, 7pm to 9pm

RSVP/more info: 9328 8113 or email emmanuelcentre@westnet.com.au

Little Creatures Community Carnival

Come and join in the fun and frippery on Friday 12 July at Little Creatures Community Carnival from 10am until late – a fantastic family day filled with exciting entertainment, fabulous food and great fun is planned for all who attend this free event.

St Patrick's is delighted to be the beneficiary of any charitable contributions received on this day and in addition is very grateful for Little Creatures' generosity in donating \$10,000 to the centre, enabling us to continue the 40 year strong service we give to those in need in our community.

Edmund Rice Network Retreat

For any of you that would like to partake in a very unusual retreat, the opportunity has arisen for us to bring over Br Tony Hempenstall from the Eastern States to offer a retreat around the following topics:

- Introduction to story and cosmology
- Where are we: our withering earth
- The new story: a life-affirming context
- The human story: late-comers on the journey
- Cosmic moments of growth/grace
- The great work: our way into the future
- The gospel of Thomas Berry: geo-justice – a meadow experience.
- The viable human in the 21st century
- The divine milieu: meeting the divine in the journey of the universe.

Jill Parker, ERN Regional Coordinator, participated in one of these retreats in Queensland and was very impressed. For teachers it is worth 12 hours of Ongoing Renewal for Accreditation. [Please download the flyer here for more details.](#)

July School Holiday Programme at Notre Dame

A day in the life of a university student

Friday 19 July, 9.30am registration, 10 start to 3pm, morning tea and lunch provided.

A free event specifically designed for students in Years 10, 11 and 12 to find out for themselves what it is like to be a university student. Students will take part in some of the activities that university students involve themselves in, hear from current students about the transition from high school to university and attend two mini-lectures. All welcome.

Go to www.nd.edu.au or contact the Prospective Students Office on 9433 0530 or future@nd.edu.au.

Learning Skills

Calling all Year 12 students! Notre Dame is offering its Learning Skills course during the July school holidays from **Monday 8 July** with daily classes from 8.30am to 12.30pm. This course is designed for students who are likely to enter university through an alternative entry pathway, such as Notre Dame's bridging programmes – the Tertiary Enabling Program (TEP) or Foundation Year (FY).

We envisage that the Learning Skills course will be of particular interest to students completing Stage 1 courses.

Call the Academic Centre on 9433 0950 or email fremantle.aesc@nd.edu.au for further information.

Topspin Tennis Holiday Activities

Hot Shots Challenge Event for children aged up to 12 years of age will be held Saturday 6 July at Fremantle Lawn Tennis Club.

Term 2 'Wimbledon' Tennis Camp will be held during the school holidays – week 1 Monday 8 to Wednesday 10 July, and week 2 Monday 15 to Wednesday 17 July at Fremantle Lawn Tennis Club.

Term 3 Tennis coaching commences Monday 29 July to Saturday 21 September at Fremantle Lawn Tennis Club.

For more information contact Jo Winfield at Topspin Tennis, mobile 0401 565 051 or email fremantletopspintennis@gmail.com.

Transperth Shutdowns

12 to 17 July and 31 July to 4 August

To connect the new Fremantle line tunnel to the Transperth rail network, two shutdowns are needed. The **Fremantle line services will be cancelled**, and other train lines will be impacted in some way during these periods.

Two AFL games will be impacted: the West Coast versus Fremantle derby on Sunday 14 July, and West Coast versus Gold Coast on Saturday 3 August.

For more information visit transperth.wa.gov.au.

Preparing for Life after School

At The Brother Patrick Forum, St Norbert College Tuesday 30 July from 6 to 8 pm

An important role of secondary education is to prepare students with skills and competencies for life after school. Parents of students with disabilities and other difficulties can support a successful outcome through knowing:

- How the school programme prepares students for independence in work, training and life in general after school
- Course options available in Catholic schools
- How independence can be fostered in the home and school environment
- The supports available after leaving school and how it can be accessed.

This evening is open to all parents of students with disabilities and other difficulties in Catholic secondary Colleges in the Southern region.

Speakers will include:

- Di Pugh, Catholic Education Office
- Post-school service providers including EDGE Employment Solutions, Bizlink, Intework, CRS, ACTIV, Rocky Bay, PVS and the Disability Advisor Centrelink, Central Institute of Technology.

Refreshments provided. RSVP Christine Williams at williams.christine@ceo.wa.edu.au.